



news

Spring Issue 2010

ROUTINE HIV TESTING

The Government will be launching a pilot scheme, which will see HIV testing become a routine procedure in GP's surgeries in order to identify the infection.

The risk of undiagnosed HIV infection is that people can unknowingly transmit the virus to others. A pilot scheme, launched in cities such as Brighton, Leicester and Lewisham (London) will target high-risk groups such as **men who have sex with men** and **black Africans**. When a patient joins a surgery they will undergo a routine HIV test. There will be an opt-out for those who don't want to be tested.

SEX EDUCATION

From September 2011 a parent's right to withdraw their child from **sex education** once a pupil turns 15 will be removed. This will mean that all children in school will receive knowledge of sex education before they turn 16, the legal age of consent in England.

Sex education is vital for children as it gives young people the skills to make informed choices about their behaviour, and feel confident and competent about acting on these choices



Harbour Trust and the Metro Centre continue to work closely together and in future both organisations will be doing much more work with each other. The management committees of both charities have agreed to the parameters of an eventual merge, and this will proceed over the course of 2010-2011.

INDEX

- Testing & Education 1
- Editorial 2
- A Readers story 3
- Walk for Life 3
- Freedom Pass Scandal & Information 5



You know how much you enjoyed it last year and raised money for us at **harbour trust**. Please call us, we need team members and of course sponsors (details below) or visit <http://www.walkforlife.co.uk/> to register for this year's walk.

Every one is welcome! It's a sociable event so come with friends or meet people on the day, and there'll be free entertainment at the main event village.

Whilst the walk is only 10km, the difference made will go so much further dramatically improving the lives of people affected by HIV and AIDS in the UK and internationally.

Over 2300 people joined the walk last year, raising a fantastic £325,000. WE want to mak it a bigger and better event this year, raising more money and we hope more of our readers will volunteer to trake part as we desperately need your help in these recessionary times. Please register today.

Continued on page 3.



EDITORIAL



Hi Folks!

I enjoyed my holiday and the family reunion went well although a number of members who live in the Unites States were not able to make it down to 'sunny' Belize in Central America for the festive season.

For anybody going on holiday one of the things they usually try to acquire is insurance cover. Despite assurances (to the contrary) we are continually refused insurance cover. I can see no good reason why we should not be given travel insurance which excludes medical insurance cover. Many people have medical cover already through their company insurance or privately through BUPA or AXA PPP etc. and have no need of further medical insurance at all. I've found that whichever company is approached one has to go through an extended application process and premiums are likely to be loaded. Surely this is a flagrant breach of the **Disability Discrimination Acts?**

I was quoted up to £257 for a worldwide annual policy. Through a further search www.itsooeasytravelinsurance.com I was able to get cover for £173.57.

I desperately need some articles and news for The next Newsletter which will be published in the summer so I encourage you all to use this media to let each other know of your interests and aspiration. Any suggestions for other items that you'd like to see included will be given full consideration.

Hoping we all have an enjoyable summer

Jain

OBITUARY

It is sad to say that David McKie died April 2nd 2010. David served for five years as a valuable and respected team member on the committee of the Harbour Trust where his gentle diplomacy ensured a harmonious nature encouraging others to excel. He was an unofficial mentor at Positive Place, where much younger people found in him a good listener and excellent advocate.



International Peer Mentoring

Metrosafe is being piloted in Ukraine. In partnership with the *AIDS Alliance Ukraine*, The Metro Centre will be conducting a two year pilot of the Metrosafe programme within LGBT organisations in Kiev, namely *Gay Alliance* and *Odessa* (Partner). The pilot is part of a larger programme called MSM Sunrise that is funded by the United States Agency for International Development (USAID) In November 2009, Volunteer Co-ordinator, Mary Rogan and Peer Support Services Manager, Scott Lupasko went to Kiev for one week to train representatives from AIDS Alliance and the two piloting NGO's.

Knowledge Transfer Partnership

'The Metro Centre and The University of Greenwich are embarking on a Knowledge Transfer Partnership (KTP) project over the next two years. The research project aims to introduce a research culture within the Metro Centre and furthermore, build the research capacity of staff at the Metro Centre. The KTP Project remains an interesting project and shall more importantly empower the Metro Centre now and in the future. If you're interested in hearing more about the KTP, get in touch with the KTP Associate at samuelo@metrocentreonline.org.

WALK FOR LIFE

We would like you to step forward and make a difference by either finding a sponsor and entering Crusades for Walk for Life on Sunday, 6 June or indeed just come along yourself and enjoy a great day out.

This years event, beginning and ending in Potters Field Park, near Tower Bridge will take you through the streets of London and pass some of its greatest sights and when you cross the finishing line you'll receive a medal, goody bag and will be able to sit back and enjoy the live entertainment including an exclusive performance by The Feeling. Whether walking as part of a team or as an individual we can promise that you will have a great day out and at the same time help make a massive difference to the lives of people who could really use your help. Harbour Trust get a 75% of the money you have raised from your sponsor.

People like Mark.

Mike has had an HIV diagnosis for the last three years and are due to ill-health lost his home, his job and his partner. The Crusaid Hardship Fund, with the support from last year's walk for life was able to help mark with a small fridge to store his medication and to further assistance travel and support costs to return to education. Mike has since started a new part-time job and has secured somewhere to live.

To join us simply visit the Crusaid Walk for Life website www.walkforlife.co.uk and register or call us on (020) 7539 3895. Better still you could set up a charity team for the day & you might even be eligible to receive a grant back from Crusaid to help support your important work. Further information can be found at www.walkforlife.co.uk/team_info.htm under charity Teams.

"Thanks to the Crusaid Hardship Fund and the people who support it I feel I have things to look forward to again now. I have a long way to go but it helps to know people care."

We'd love to welcome you and your friends on Sunday at six of June to Europe's largest fundraising walk for HIV and AIDS. Please get in touch if you'd like more information or register today. Every penny you raise will make a huge difference to those affected by HIV and AIDS. Thank you.

HARBOURSAFE

HarbourSafe deals specifically with the needs of the black minority and ethnic (BME) community, and black gay and bisexual men. It hopes to develop and sustain a peer mentoring programme in the BME community which will help its members remain HIV negative. The programme itself is based on the highly successful model of the MetroSafe programme started in 2006 by the Metro Centre in Greenwich, which introduced the idea of peering mentors with mentees from the gay community with similar backgrounds to claim ownership of their sexual behaviour, practices and commitment to staying HIV negative.

<http://www.iain-rossmacleod.co.uk/harboursafe/harboursafe.html>

What follows is an account, written in his own language, by one of the young men that found himself in the position of having unsafe sex as a result of meeting with a stranger from Brazil in a bar and he had peviously only associated the use of condoms with pregnancy control.



Infection

ਇੱਕ ਨੇੜੇ ਗੱਲਿਆਂ 7 ਜਾਣ ਤੇ ਗਏ
ਉਸ 35 ਜਾਣ। ਇਹ ਇੱਕ 12-15
ਪੁੱਟੇ ਕੋਲ ਤੇ ਕੋਈ ਗੱਲੀ ਗਤ ਹੀ
ਤੁਹਾਡੇ ਸਿੱਟੇ ਕੋਲਾਂ ਕਰੋ, ਕੋਈ ਹੋਸਤ
ਨਾਂ ਤੁਹ ਤੇ ਮੈਂ ਕਿੱਥਾ ਮਹਿਜ਼
ਕਰਾ ਜੀ। ਇਹ ਇਹ ਮੈਂ 8। ਏਨੇ
ਇੱਕ ਤੇਜ਼ੇ ਜਾ ਕਿਹਾ ਜੀ ਕਿ ਮੈਂ
ਨਜ਼ਾ 7 ਕੋਲੇ ਇੱਕ ਤੇ ਪੁੱਟੇ ਤੇ ਪੁੱਟ

Continued on page 4

ਰੋਗ ਵਿ ਇਕੋ ਜਿਹਾ ਹੋ ਗਿਆ
 DAY ਜੀ ਮਾਉਂਟ ਨ। ਅਗੇ ਇ
 ਫੋਟੀ ਕੋਮ ਖਤਮ ਕਰਕੇ ਮੈਂ ਹੀ ਗਤ
 10 ਫੋਟੀ ਚੀਮਰ ਕਲੀ ਚਲਾ ਗਿਆ
 ਤੇ ਮੈਟ ਮਾਉਂਟ ਮੈਂ ਇਕ ਤੋਰ
 ਮੁੰਡਾ ਜੋ ਕਿ ਖਾਗੀ-ਕੀਮਰ ਜੀ
 ਮਿਲਿਆ। ਖਤਮ ਹੀ ਪੁੱਛਾ-ਪੁੱਛਾ ਸੀ
 ਕੁਝ ਗੱਲਾਂ ਖਾਤਾਂ ਕੀਮਰਾਂ ਤੇ ਪੁੱਛ
 ਤੇ ਚੀਮਰਾਂ ਉੱਚ ਨਾਕ ਪੀੜੀਆਂ
 ਕੁਝ ਫਿੱਠ ਗਤ ਮੈਂ ਉੱਚ ਨਾਕ ਉੱਚ
 ਦੇ ਪਾਸ ਚਲਾ ਗਿਆ ਤੇ ਚੀਮਰ ਦੇ
 ਨਾਕ ਉੱਚ ਗਤ ਪਹਿਲੀ ਖਾਤ ਮੈਂ
 DRUG WHITE ਹੀ ਕਲੀ
 ਖਤਮ ਨਾਕ ਸੀ, ਮੈਂ ਮਨੀ
 ਮੁੰਡੀਆਂ ਦੇ ਪਾਸ ਮੈਂ ਕਲੀ ਖੋਲ੍ਹ
 ਤੇ ਇਕ - ਮਿਕ ਤੇ ਗਏ। ਤੇ
 ਦੋ ਮਾਤਾ INJURY ਕੀਤਾ, ਅਗੇ



2-3 ਇਕੋ ਫਿੱਠ ਮੈਂ ਪੀੜਮ ਦੇ ਜ
 ਅਗੇ ਇਕੋ ਫਿੱਠ ਕੁਝ ਖਾਤਮ ਕ
 ਕਲੀ ਤੇ ਮੈਂ ਖਤਮ ਚਲੀ ਤੇ ਗਿਆ
 UNPROTECTED SEX ਕਰਕੇ ਗਾਫਿ
 ਮੈਂ HIV - AIDS ਤੇ ਗਿਆ ਤੇ।
 ਮਨ ਖਤਮ ਉੱਚਾ ਸੀ।
 ਮੈਂ ਕਿੱਠ ਪੁੱਛ ਇਕੋ FREE HIV Test
 HOUNSLOW ਖਾਠੇ ਪਹਿਲਾ ਸੀ ਤੇ
 ਅਗੇ ਇਕੋ ਕੋਮ ਖਤਮ ਕਰਕੇ ਕੋਲੀ
 ਮਾਤਾ 6 PM ਕਲੀਮਰ ਚਲਾ ਗਿਆ
 ਕੀਮਰ ਫਿੱਠ ਤੇ ਖਾਮਰ ਮੈਂ ਪੁੱਛ
 ਮੈਂ ਕਿੱਠ ਕੋਲੀ INFECTION ਕਲੀ

ਤੇ ਕੋਲੀ ਫਿੱਠ ਮੈਂ ਕਲੀ ਮੈਂ ਗਾ।
 ਉੱਚਾ ਮੈਂ ਪੁੱਛੀ FREE ਕਲੀ-
 ਮੈਂ ਕੋਲੀ ਤੇ ਉੱਚ ਤੇ ਮੈਂ MSTARO
 ਕਰਕੇ ਮੈਂ ਨਾਕ ਨਾਕ ਮਿਲਦੇ ਕਲੀ
 ਮੈਂ ਮਿਲਿਆ, ਕੀਮਰ ਮੈਂ ਕੋਲੀ ਤੇ
 ਖਾਮਰ ਉੱਚ ਮੈਂ MR RORRY
 ਮੈਂ ਕਿ HARBOUR TRUST ਦੇ
 ਮੈਂ ਖਾਠੇ ਕਲੀ ਨਾਕ ਅਗੇ ਕਲੀ ਮਿਲਾ
 ਫਿੱਠ। MR RORRY ਮੈਂ ਮੈਂ
 ਕੋਲੀ ਖਾਠੇ ਪੁੱਛੀ ਜਾਖਰੀ ਫਿੱਠੀ
 ਤੇ ਕੋਲੀਆਂ ਕਿ ਕਿੱਠ ਮਨੀ ਕਿੱਠੇ
 UN-KNOWN Person WITH
 SEX ਕਰਕੇ ਤੇ UN-PROTECTED
 SEX, WITHOUT CONDOM

ਕਰਕੇ ਕਿੱਠ ਮਨੀ ਫਿੱਠ ਮੈਂ HIV-
 AIDS ਮੈਂ ਤੇ ਮੈਂ ਕਲੀ ਮੈਂ ਮੈਂ
 ਉੱਚ ਮੈਂ ਕੋਲੀ ਤੇ ਪਾਤਰ
 ਮੈਂ ਖਾਠੇ ਕਲੀ MR IAIN
 ਮੈਂ ਮਿਲ ਫਿੱਠ ਤੇ MR IAIN ਮੈਂ
 ਕੋਲੀ G-7 Program ਕਲੀ
 ਖਤਮ ਜਾਖਰੀ ਦੇ ਕੋਲੀ +ve Think
 ਕਲੀ HIV ਕਲੀ ਮੈਂ ਖਾਠੇ
 ਕਲੀ ਮੈਂ STRONG ਖਾਠੇ
 HIV / Sexual Health Mentoring
 Training Program ਖਾਠੇ ਖਤਮ
 ਜਾਖਰੀ ਫਿੱਠੀ। ਤੇ ਮੈਂ safe
 ਮੈਂ healthy ਮਿਲਦੇ ਕੋਲੀ
 ਮੈਂ

Thanks For All
 HARBOUR TRUST
 MR. RORRY.
 MR. IAIN.

FREEDOM PASS SCANDAL

1000's of people with disabilities have found their renewals have been lost by the "London councils". The incompetent outsourcing of the renewal processing means the call centre that's dealing with the follow-up procedures has no means of progress chasing our applications.

Anxious applicants found themselves stonewalled by the call centre (if they persisted in holding on for up to 45 minutes to obtain an answer). After months they now admit the applications are missing. Whether these were lost by the Post Office or the "bureau" in Hull is unclear.

Sources have revealed that over 40,000 applications appear to have been lost. Belatedly letters are being sent out inviting people to submit a further photograph and declaration. There is no evidence this will work. Telephone calls reveal the department is overwhelmed by the numbers arriving. A spokesperson quoted a figure of 8 - 900 per day! That could well be an underestimate considering the numbers reported to be lost.

How come the press and media have not picked this up?

Contributed by The Chairman of Feedback South London who adds:

"Yes. We are still active and continue to represent service users at a variety of levels. We have no funding but we are doing without. Perhaps we shall look for new sources of funding but we can continue irrespective of funds."

Visit their website

<http://www.feedbacks1.org.uk>

for more information.

Please make a donation if you feel able to help their useful work.

9 May 2010: Out & About Blackheath Village walk. **Out and About** once again ventures south of the river. Some fine properties can be found on the Cator Estate, named after the timber merchant and developer John Cator. The walk takes in this estate and other fine Georgian and Victorian properties built on the surrounding heights. For more details of **Out and About's** activities see - <http://www.outandabout-london.org/>

INFORMATION

where to find out more about hiv

☞ <http://www.greenwich.gov.uk/Greenwich/HealthSocialCare/HealthMatters/HIVAIDS/VoluntarySectorServices/HarbourTrustContact.htm> The Harbour Trust is a community HIV charity which supports people living with HIV/AIDS, their carers and families.

☞ <http://www.metrocentreonline.org/services.htm> 110-114 Norman Road SE10 9JQ The Metro Centre aims to work with self-identified lesbian/gay/bisexual people.

☞ Visit www.aidsmap.com for the latest news about HIV & AIDS and a fully searchable treatments database and a complete list of UK treatment centres

☞ <http://www.cwac.org/index.htm> Children with AIDS Charity. Specialist Paediatric HIV Service in St Mary's Hospital in Paddington, London.

☞ <http://www.gaylawyers.co.uk/Default.aspx>

Our understanding lawyers will make you feel as comfortable as possible when contacting us with your legal issues.



Jacob Zuma visits Greenwich Sainsbury's in March. Mr Zuma, 67 & one of his his wives Thobeka Madiba, 38. He had earlier tried to play down his criticism of Britain's colonial past after accusing the media of thinking "their culture is more superior than others" following comments on his polygamous lifestyle. He suggested his comments had been taken out of context.

Sainsbury's chief executive Justin King presented the president and Mrs Zuma with a Sainsbury's Bag for Life containing foodstuffs and a Sport Relief T-shirt with "President Zuma" on the back.

H A R B O U R T R U S T

Unit 11, Gunnery House
Gunnery Terrace
Royal Arsenal Woolwich
SE18 6SW

Tel: 020 83018142

Editor: iain_harbour.trust@yahoo.co.uk
read or download a copy from- (all one line)

www.iain-rossmacleod.co.uk/harbour/index.html